

Scientific Chairmen

Knut Beitzel
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Orthopaedics ATOS Orthoparc
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Emilio Lopez-Vidriero
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Course location

Gran Hotel Elba Estepona & Thalasso Spa
Carretera Estepona -
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www.hoteleselba.com/en/
hotel-elba-estepona/

Registration



<http://www.medi.biz/estepona>

Organization

Lisa-Marie Ernst
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Registration fee

Participants:
139 Euro
incl. scientific program,
accomodation (3 nights) with
full board

Accompanying persons:
378 Euro
incl. accomodation (3 nights)
with full board

Optional sports program

TBA

Course faculty

Andrea Achtnich
Praxis Dres. Andrea und Martin
Achtnich, Mannheim, Germany

Pedro Alvarez
Orthopaedic Surgery, Instituto
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Alejandro León Andrino
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Shoulder Associates of ESSKA
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Head of Emergenca
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Thomas Patt
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Program

22nd medi European
Sport Orthopaedics
Symposium

22nd – 25th May 2025
Estepona / Málaga, Spain

medi. I feel better.

Invitation

Dear Colleagues,

the upcoming medi European Sport Orthopaedics Symposium 2025 will be the 22nd edition of this wonderful scientific event combining the highest scientific knowledge with a familiar atmosphere. We would therefore like to cordially invite you to join us in May 2025 in Estepona / Spain!

We were able again to put together an extraordinary program presenting internationally known experts with a focus on arthroscopic and sports-orthopedic surgery. In depth talks covering the hot topics in knee- and shoulder will be combined with interactive case presentations. As usual, the familiar atmosphere will allow plenty of profound discussions and intensive knowledge exchange. This will enable a unique learning experience.

The sportive activities are the place to meet the experts and other participants for personal exchange and enable social contacts.

We would like to thank all contributing faculty members and the medi company, who make this special meeting happen!

We are looking forward to welcome you in Estepona in May 2025!

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ATOS Orthoparc Clinic, Cologne, Germany

Emilio Lopez-Vidriero
Traumatología Deportiva, ISMEC international Sports medicine clinic, Sevilla, Spain

Thursday, 22.05.2025

1. Session: What´s New at the Shoulder – What´s here to stay
Chair: Knut Beitzel / Berte Bøe

16.15 – 16.30	Welcome	Knut Beitzel Klaus Hones
16.30 – 18.00	Arthroscopic Latarjet. Surgical technique with screws	Berte Bøe
	Dynamic Anterior Stabilisation DAS in shoulder instability	Nuno Gomes
	Suprascapular nerve pathology in athletes: cysts, compressions and dynamic entrapment	Emilio Lopez-Vidriero
	Lower Trapezius Transfer For PS Cuff Tear? My way	Abdul Hachem
	Subacromial Balloon spacer. Fact or Fiction?	Emmanouil Brilakis
	Distal clavicle fracture: is it possible for arthroscopic treatment?	Mehmet Demirhan

2. Session: Workshops

18.00 – 20.00	Hip Roberto Seijas,Christian Valladares (Study medi Orthocox) and Bruno Capurro
	Knee Carlos Ferrer Señorans (Study M.4s OA) and Pedro Alvarez (Study medi Rehab one)
	Shoulder Emilio López-Vidriero (Shoulder action)
	Elbow Lars-Peter Müller (Study medi Epico Rom S) and Alejandro León Andrino

3. Session: Rapid Fire Case Discussions
Knut Beitzel / Emilio Lopez-Vidriero

20.00 – 21.00	All Faculty
21.00	Dinner

Friday, 23.05.2025

4. Session: Patellofemoral Instability
Chair: Daniel Günther / Knut Beitzel

09.00 – 10.30	A la Carte Treatment of Patello-Femoral Instability – My Focus on Risk Factors	Daniel Günther
	Acute patella dislocations: Expanding indications for surgery – is there a role for acute repair?	Reha Tandogan
	Trochleoplasty – Scandinavian Experience	Kristoffer Weisskirchner
	Treatment of patellofemoral instability with Focus on MPFL	Guiseppe Milano
	ESSKA PFI consensus - a critical appraisal	Kristoffer Weisskirchner
10.30 – 11.00	Coffee break	

5. Session: Shoulder Instability
Chair: Andreas Imhoff / Frank Martetschläger

11.00 – 12.30	ISAKOS Consensus on AC Joint Classification: Revisited After 10 Years	Knut Beitzel
	Most ACJ Injuries work fine with conservative Treatment	Kristoffer Weisskirchner
	ACJ Reconstruction –when I opt for surgery and how I do it	Frank Martetschläger
	Anterior shoulder instability in the long run	Emilio Calvo
	When to add additional soft tissue procedures with your Bankart repair	Berte Bøe
	Bipolar bone defects in Shoulder Instability across the life span	Andreas Imhoff
	Metal-Free Autograft Bone Block Suture Tape Cerclage for Recurrent Anterior Shoulder Instability: Outcomes, Graft Resorption Mapping, and Return to Sport	Abdul Hachem
12.30 – 14.00	Lunch	

6. Session: Knee ACL
Chair: Hélder Pereira / Tim Spalding

14.00 – 15.30	Knee injury prevention - the ESMA ESSKA approach – how are we doing in 2025?	Thomas Patt
	ACL refixation in acute rupture	Andrej Korelev

	ACL reconstruction using Semi T alone	Tim Spalding
	Lateral extra-articular procedures in ACL reonstruktion: when & how	Reha Tendogan
	Bony ACL Avulsions - from Diagnosis to Treatment	Daniel Günther
	Multi-ligament knee instability in athletes.	Pedro Pessoa
	Three-Dimensional Realignment and Slope Reducing Osteotomy with Anatomic ACL Reconstruction in Patients with Revision Anterior Cruciate Ligament Deficiency	Andreas Imhoff
16.30 – 20.00	Meet the experts on tour / Sports Event	
20.00	Dinner	

Saturday, 24.05.2025

7. Session: Shoulder Rotatorcuff
Chair: Emilio Calvo / Emilio Lopez-Videro

09.00 – 10.30	Rotator cuff tears: What to repair?, What to replace?	Emilio Calvo
	Partial rotator cuff tears	Andrey Korelev
	Treatment of Subcapularis Lesions – still the forgotten corner?	Frank Martetschläger
	LH Biceps role in Rotator Cuff Tears	Nuno Gomes
	How do you fix double layer RC tears ? Technical tips	Mehmet Demiran
	Single-row or double-row repair for RC tears. Is it still a dilemma?	Emmanouil Brilakis
	Lower Trapezius Transfer for PS Cuff Tear? My way	Abdul Hachem
	New aspects in rehabilitation of cuff repairs - what should we do in 2025	Knut Beitzel
10.30 – 11.00	Coffee break	

8. Session: Rapid Fire Case Discussions
Knut Beitzel / Abdul Hachem

11.00 – 12.00	All Faculty
12.30 – 14.00	Lunch

9. Session: Knee Meniscus
Chair: Tom Patt / Andreas Imhoff

14.00 – 15.30	Extra-articular ligament reconstruction: when & how	Andrea Achtnich
	Meniscus Centralization: Why, When and How?	Lior Laver
	Saving the meniscus	Ramon Cugat
	Management of medial vs. lateral meniscal root tears	Reha Tandogan
	Meniscus replacement from allograft to tissue engineering (scaffolds)- Where do we stand?	Hélder Pereira
	Meniscal transplant – getting back to sport is OK (or anything else with meniscal transplant)	Tim Spalding
	Cartilage defects in knees, Autocart experience from 3 years	Thomas Patt
16.30 – 20.00	Meet the experts on tour / Sports Event	
20.00	Farewell / Dinner	

Sunday, 25.05.2025

Departure