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Registration-Fee

169,00 Euro

Registration

**www.medi.biz/shoulder-
elbow**

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Program
medi Sport Medicine,
Shoulder and Elbow
Symposium

8th – 9th November 2024
Barcelona, Spain

medi. I feel better.

Welcome

Dear Colleagues,

We are delighted to extend an invitation to you for the upcoming Shoulder & Elbow and Sports Medicine course in Barcelona, Spain.

This course will be led by renowned experts from Spain and Europe, and it will enable us to expand our knowledge and exchange ideas regarding the management of wide shoulder and elbow injuries and sports medicine around these joints.

We are eagerly looking forward to meeting you all in Barcelona.



Abdulilah Hachem
Scientific Chairman

Program

Shoulder and Elbow Symposium
8th – 9th November 2024

Friday, 8.11.2024		
15.30 – 16.00	Opening and Welcome by the Chairman	A. Hachem K. Hones
	Reparable Rotator Cuff Tear – Augmentation Moderator: G. Porcellini / R. Arriaza	
16.00 – 16.10	Rotator cuff limit repair in the middle – aged individual	A. Alentorn
16.10 – 16.20	Cuff retears: Risk factors and how to deal with the challenge	A. Ardevol
16.20 – 16.30	Preoperative planning in rotator cuff tear: How to understand the tear?	E. Calvo
16.30 – 16.40	Subscapularis lesion – how to detect and how to treat	F. Dyrna
16.40 – 16.50	Biologic augmentation in rotator cuff repair with smashed biceps tendon	G. Milano
16.50 – 17.30	Case – based discussion	
17.30 – 18.00	Elbow Workshop and Coffee	
	Elbow Moderator: R. Barco / S. Siebenlist	
18.00 – 18.10	Overview and management of elbow instability	A. Can Atalar
18.10 – 18.20	Painful elbow in minor instability – correlation with anatomic findings	S. Lopez
18.20 – 18.30	Lateral instability causing pain and disability	S. Siebenlist
18.30 – 18.40	Treatment of elbow instability spectrum of injuries in soccer players	E. Alentorn
18.40 – 18.50	ULCL Reconstruction with internal – brace Allograft in Chronic Posterolateral Instability	R. Barco
18.50 – 19.30	Case – based discussion	
20.00	Dinner	

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Saturday, 9.11.2024		
	Throwing Shoulder – Scapula Moderator: A. Castagna / E. Lopez – Vidriero	
8.00 – 8.10	Subscapularis and Long head of the biceps tendon. Dangerous Friendships in Anterior Shoulder Pain.	F. Urraza
8.10 – 8.20	Painful Shoulder in Minor Instability	A. Castagna
8.20 – 8.30	Risk and protective factors for shoulder injuries in professional tennis players	E. Lopez – Vidriero
8.30 – 8.40	Shoulder injuries in javelin throwers	R. Arriaza
8.40 – 8.50	Posterior rotator cuff: The nonresponsible victims of shoulder biomechanical problems	M. Solana- Tramunt
8.50 – 9.30	Case – based discussion	
	Elbow Moderator: Ata Can Atalar / R. Barco	
9.30 – 9.40	Footprint anatomy of the distal biceps and triceps	R. Barco
9.40 – 9.50	Acute Distal biceps rupture	R. Claro
9.50 – 10.00	Chronic distal biceps tendon Tear; Current Treatment Options	A. León Andrino
10.00 – 10.10	Osteochondral lesions in the elbow – how to deal with?	S. Siebenlist
10.10 – 10.20	Combined lateral epicondylitis and radial tunnel syndrome	JL. Avila
10.20 – 10.30	Case – based discussion	
10.30 – 11.00	Elbow Workshop and Coffee	
	Shoulder Instability Moderator: A. Hachem / G. Milano	
11.00 – 11.10	First time shoulder dislocation	R. Claro
11.10 – 11.20	In – Season Management of anterior shoulder instability in athletes	A. Can Atalar

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11.20 – 11.30	Desision making for traumatic. Shoulder instab in profesional soccer player	M. Leyes
11.30 – 11.40	Instability in Rugby: choices and complications	A. Castagna
11.40 – 11.50	Clinical Outcomes and Graft Resorption Using Metal – Free Bone Cerclage for Recurrent Anterior Shoulder Instability	A. Hachem
11.50 – 12.00	Treatment of type B posterior shoulder instability: Is capsulolabral repair enough?	E. Calvo
12.00 – 12.30	Discussion	
12.30 – 13.30	Case – based discussion Moderator: J. Ardevol / R. Claro	
13.30 – 14.30	Lunch	
	Shoulder – Acj And Various Moderator: J. Ardevol / D. Tennent	
14.00 – 14.10	ACJ – when to operate. Operative technique (open / arthroscopic / augmentation / biologics etc)	D. Tennent
14.10 – 14.20	Treatment of AC Joint Instability – What ´s New in 2024	F. Dyrna
14.20 – 14.30	Is hidrodilatation in adhesive capsulitis really useful for the patients?	R. Arriaza
14.30 – 14.50	MIPO surgical approach in complex proximal humeral fractures	D. Codina
14.50 – 15.00	Scapular movements in reverse implant	G. Porcellini
15.00 – 15.30	Case – based discussion	
	Irreparable Posterosuperior Rotator cuff. Moderator: E. Calvo / JL. Avila	
15.30 – 15.40	Individualized Rotator Cuff Repair in 2024	F. Dyrna
15.40 – 15.50	Latissimus dorsi transfer is a validated palliative technique for irreparable posterior cuff tears	JL. Avila

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15.50 – 16.00	Treatment of massive and irreparable rotator cuff repair: SCR + lower trap transfer	G. Milano
16.00 – 16.10	Results of Lower Trapezius Transfer with or without External Rotation Deficit: A 50 Matched Case Series	A. Hachem
16.10 – 16.20	Mio versus Bio Reverse Shoulder Arthroplasty	G. Porcellini
16.20 – 17.00	Case – based discussion	
17.30	Departure	