

Speaker
Ramon Cugat (Spain)
Pedro Álvarez (Spain)
Morgan Bailey (UK)
Toni Morral (Spain)
Tom Cross (AUS)
Stephanie Filbay (AUS)
Bertram Zarins (USA)
Giuseppe Milano (Italy)
Lars Engebretsen (Norway)
Kristian Samuelsson (Sweden)
David Barastegui (Spain)
Miguel Vázquez (Spain)
Rosa Morro (Spain)
Luis García Bordes (Spain)

Sam Yasen (UK)
Michael J. Alaia (USA)
Jorge Chahla (USA)
Iker Ayestarán (Spain)
Frank Noyes (USA)
Martin Lind (Denmark)
Ollivier Matthieu (France)
Gonzalo Espinoza (Chile)
Silvio Villascusa (Spain)
Andrew Geeslin (USA)
Oriol Balaña (Spain)
Safa Gursoy (Turkey)



M.4s® PCL dynamic

Precise turns of the dial for individual therapy.
Care for your posterior cruciate ligament patients using the out medi M.4s PCL dynamic.

In Scientific Collaboration



M.4s® comfort
ACL brace for guidance and stabilisation is suitable before and after surgical treatment and for conservative treatment.

Program

6th PCL Summit

WORKSHOP: Opening the scope in ACL treatment

7th – 8th November 2025
Barcelona, Spain



WORKSHOP: Opening the scope in ACL treatment

Friday, 7.11.2025

13:00	Accreditation and welcome drink	
13:20	Opening	Ramon Cugat & David Barastegui
13:30	The Cross Bracing Protocol: Conservative treatment for ACL injuries (TBC)	Tom Cross
14:15	ACL Healing after conservative treatment. Current state of the literature (TBC)	Stephanie Filbay
15:00	Q&A – Moderation: Alfred Ferré-Aniorte	
15:15	Case discussion	Tom Cross & Ramón Cugat
15:45	Research related to Medi Products	Klaus Hones
16:00	Coffee Break – Workshop (ACL conservative treatment)	
16:30	The unanswered questions in women's ACL injuries – where to start	Morgan Bailey
Pa17:15	Q&A – Moderation: Patricia Laiz	
17:30	Lower limb tendinopathies during ACLR rehabilitation in athletes: The role of shockwave therapy	Toni Morral
18:15	Q&A – Moderation: Patricia Laiz	
18:30	ACL reattachment. A new option for adolescent athletes?	David Barastegui
19:15	Q&A – Moderation: Patricia Laiz	
19:30	Closure	Ramon Cugat & David Barastegui

6th PCL Summit

Saturday, 8.11.2025

8:40	Welcome	Ramon Cugat
8:45	Introduction	Klaus Hones
SESSION 1 – BASICS		
9:00	PCL Anatomy – Posterior Knee Approach	Bertram Zarins
9:15	PCL Diagnosis – Physical exam – Classification	Giuseppe Milano
9:30	PCL conservative treatment & Biologics	Pedro Álvarez
9:45	Rehabilitation and Bracing	Andrew Geeslin
10:00	Return to play after PCL	Oriol Balañà
10:15	What’s new on PCL?	Lars Engebretsen
10:30	How can AI help in PCL injuries?	Kristian Samuelsson
10:45	Discussion – Review of interactive questions	David Barastegui & Patricia Laiz
11:00	Coffee Break – Workshop (PCL Brace) Short Break (Research related to MEDI products)	
SESSION 2 – ISOLATED PCL		
11:30	Treatment of nerve injuries associated with knee dislocations	Rosa Morro
11:45	Historical PCL surgery review	Ramón Cugat
12:00	PCL Repair (fem + Tibial Avulsión)	Luis García Bordes
12:15	PCL Reconstruction: Single vs Double Bundle	Sam Yasen
12:30	Portfolio of Different Available PCL Reconstruction Techniques	Michael J. Alaia
12:45	PCL Fixation: do implants matter?	Safa Gursoy
13:00	Do we need an extraarticular reinforcement in PCL?	Silvio Villascusa
13:15	Discussion – Review of interactive questions	Pedro Álvarez & Paula Velasco
13:30	Lunch Break	



SESSION 3 – COMPLEX PCL		
15:00	Surgical principles techniques and graft selection for PCL injuries in the athlete	Frank Noyes
15:15	Tips & Tricks for Isolated and Combined PCL Reconstructions	Andrew Geeslin
15:30	Multiligament knee injuries: staging or straight forward?	Martin Lind
15:45	High tibial osteotomy in isolated or combined chronic PCL injuries	Mattieu Olivier
16:00	PCL + PMC Reconstruction	Gonzalo Espinoza
16:15	PCL + PLC Reconstruction	Jorge Chahla
16:30	Discussion – Review of interactive questions	Luis García Bordes & Silvio Villascusa
16:45	Coffee Break – Workshop (rehab one) Short Break (research related to medi products)	
SESSION 4		
17:15	Round Table With Experts 2: Case Discussions Lars Engebretsen, Frank Noyes, Andrew Geeslin, Martin Lind, Kristian Samuelson, Mattieu Olivier Moderators: Ramon Cugat & Luis García Bordes	
	Review of interactive questions	Luis García Bordes
18:30	Summary and closure	Ramon Cugat



Scientific Chairman

Prof. Dr. Ramón Cugat
Instituto Cugat, Barcelona

Committee

Luis García Bordes
Pedro Álvarez
Patricia Laiz
Alfred Ferré-Aniorte

Location

AC Hotel Gava Mar
Carrer dels Tellinaires,
33 – 35, 08850 Gavà, Barcelona,
Spain
<https://www.marriott.com/en-us/hotels/bcnga-ac-hotel-gava-mar>

Organization

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Registration Fee

199,00 €

Contact

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