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Participants:

150 Euro incl. scientific
program, accomodation
(2 nights) with full board

Accompanying persons:

239 Euro incl. accomodation
(2 nights) with full board

medi

19th European Spine Symposium
– 19th October 2025
Istanbul, Turkey

medi GmbH & Co. KG
Medicusstraße 1
95448 Bayreuth
Germany
www.medi.de/en

medi. I feel better.

Welcome

Dear Colleagues!

Osteoporosis and pathologies around the spine are very common problems everybody suffers from. For the individual it does it hurt and decreases the quality of life. For the health systems the costs rise tremendously.

Thus, it is a must for all of us to develop sufficient treatment algorithms.

Our 17th Spine Symposium will deal with new treatment possibilities as well as it shows efficiency of already known. It should help to increase the activities of daily life and the quality of life of our patients.

I am looking forward to interesting presentations and discussions in Istanbul.



Gerd M. Ivanic

Head of „The Orthopedic Surgeons“ in the Private Clinic Graz Ragnitz

Program

17th European Spine Symposium 17th – 19th October 2025

Friday, 17.10.2025

15.30	Registration	
16.00 – 16.15	Welcome	Klaus Hones / Gerd Ivanic
16.15 – 16.45	Sacroiliac joint general and surgical treatment general	Gerd Ivanic
16.45 – 17.00	Sacroiliac joint surgical treatment	Halil Atmaca
17.00 – 18.00	Lumbamed sacro How it works – Hands on	Bastian Hoffmann
18.30	<i>Apero</i>	
19.00 – 19.10	Welcome again	Gerd Ivanic
19.10 – 19.35	Osteoporosis: Definition- Treatment-Perspectives and Future	Gerd Ivanic
19.35 – 19.50	Company Perspective	Klaus Hones
20:00	<i>Dinner</i>	

Saturday, 18.10.2025

7.15 – 8.00	Spine Movement	Rosibel Marquez
7.30 – 8.15	Double Espresso Smart Flow Yoga	Rosibel Marquez
9.00 – 9.15	Lordotic problems in the Lumbar Spine	Gerd Ivanic
9.15 – 9.30	Lumbar Hyperlordosis and Facet syndrome – What can we do?	Anna Boada-Pladellourens
9.30 – 9.45	Hyperkyphosis of the Thoracic Spine (floppy, Scheuermann, Fracture – Osteoporosis)	Yannis Dionyssiotis
9.45 – 10.00	Treatment of juvenile and flexible Hyperkyphosis	Merce Avellanet
10.00 – 10.15	Chronic spinal pathologies in older adults	Marc Colomer
10.15 – 10.45	<i>Coffee break</i>	
10.45 – 12.15	Rotation-Workshops	
Group 1	Spinomed Presentation: Indication – How it works – Hands on	Yannis Dionyssiotis / Bettina Waldsich

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Group 2	Posture shirt Presentation: Indication – How it works – Hands on	Merce Avellanet / Aurelia Mena / Daniel Schwanengrug
Group 3	Lumbamed Facet Presentation: Indication – How it works – Hands on	Gerd Ivanic / Bastian Hoffmann
12.15 – 13.15	<i>Lunch break</i>	
13.15 – 13.30	Individual sagittal plane shape and alignment: Its role as a Pain Generator	Caglar Yilgor
13.30 – 13.45	Posture Plus shirt for cervical pain in women: A randomized cross-over trial	Merce Avellanet
13.45 – 14.00	Effects of the “Spinomed active” orthosis on chronic back pain in kyphotic women with osteoporotic vertebral fractures three months and older: A randomized controlled study	Simon von Stengel
14.00 – 14.15	Similar orthosis but various results. A comparison of Spinomed vs. “Spinomed – type” orthoses in subjects of different origin.	Yannis Dionyssiotis
14.15 – 14.30	Spinal orthoses for treating osteoporotic pathologies – an overview	Michael Pfeifer
14.30 – 14.45	Summary	Gerd Ivanic
14.45 – 17.30	<i>Leisure time</i>	
17.45	Meeting at the Port	
18.00	<i>Dinner Cruise</i>	

Sunday, 19.10.2025

7.30 – 8.15	Double Espresso Smart Flow Yoga	Rosibel Marquez
	Departure	